

B.Sc. Psychology

Q N	Question	Option A	Option B	Option C	Option D
1	Greek words psyche meaning	Divine	Soul	Life	All of the above
2	the first experimental laboratory of psychology was established in	Cambridge	America	Old Delhi	Leipzig
3	The founder of behaviourism was	Watson	Wundt	William James	None of the above
4	Who founded psychoanalysis as a system to understand and cure psychological disorders	Carl Rogers	John Dewey	Sigmund Freud	N.N. Sengupta
5	Episodic memory refers to:	Memory of how to perform tasks and skills	Memory for factual information and general knowledge	Memory of personal experiences and specific events	Memory of sensory impressions retained for a brief period
6	According to Freud's psychoanalytic theory, which component of personality operates on the pleasure principle?	Id	Ego	Seper Ego	Conscious
7	In the context of personality assessment, which of the following techniques involves asking individuals to respond to ambiguous stimuli?	Structured Interview	Projective Techniques	Behavioral Observation	Self-report Inventory
8	According to Carl Rogers, which of the following is essential for a person to achieve self-actualization?	Ego Defense Mechanisms	Collective Unconscious	Reciprocal Determinism	Unconditional Positive Regard
9	The process of forgetting information over time is called:	Retrieval	Decay	Decoding	Consolidation
10	Social learning theory emphasizes the importance of:	Observational learning	Classical conditioning	Operant conditioning	Cognitive processes
11	The process of interpreting and organizing sensory information is called:	Memory	Sensation	Perception	Attention
12	n observational learning, the process of imitating a specific behavior is known as:	Modeling	Shaping	Reinforcement	Conditioning
13	In an experiment, the variable that is manipulated by the researcher is called the:	Dependent Variable	Independent Variable	Extraneous Variable	Confounding Variable
14	The group that does not receive the experimental treatment in a study is called the:	Experimental Group	Population	Random Sample	Control Group
15	The Gestalt psychologists emphasized the importance of:	Breaking down behavior into small units	Unconscious motives	Whole perception rather than individual parts	Classical conditioning
16	Which disorder is characterized by persistent, excessive worry about various aspects of life?	Obsessive-Compulsive Disorder	Generalized Anxiety Disorder	Bipolar Disorder	Major Depressive Disorder

17	Which disorder is characterized by repetitive, intrusive thoughts and ritualistic behaviors?	PTSD	Schizophrenia	Panic Disorder	Obsessive-Compulsive Disorder
18	An irrational fear of a specific object or situation is called a:	Phobia	Delusion	Mania	Obsession
19	PTSD stands for:	Post-Traumatic Stress Disorder	Persistent Traumatic Stress Disorder	Post-Treatment Stress Disorder	Pre-Traumatic Stress Disorder
20	The primary characteristic of schizophrenia is:	Extreme mood swings	Severe memory loss	Delusions and hallucinations	Multiple personalities
21	Which of the following is a characteristic of client-centered therapy?	Systematic desensitization	Unconditional positive regard	Cognitive restructuring	Therapist-led direction
22	Rational Emotive Behavior Therapy (REBT) was developed by:	Carl Rogers	B.F. Skinner	Albert Ellis	Sigmund Freud
23	The primary goal of psychoanalysis is to:	Change behavior through reinforcement	Modify thought patterns	Develop social skills	Explore unconscious conflicts
24	Psychotherapy involves:	Standard Medical treatments for mental disorders	Surgical procedures for mental health if needed	Spiritual healing by increasing faith in client	Psychological methods to help a person change behavior
25	Motivation is best defined as:	A biological impulse	An external reward	A physical need	A process that initiates, guides, and sustains goal-oriented behavior
26	Which of the following is a psychological motive?	Thirst	Sleep	Curiosity	Hunger
27	The term "motivation" is derived from the Latin word "movere," which means:	To move	To act	To think	To feel
28	Which of the following is an example of extrinsic motivation?	Running because it feels good	Painting because you love to create art	Reading a book for pleasure	Studying to get good grades
29	Which term refers to the ability to understand and manage one's own emotions and the emotions of others?	Cognitive intelligence	Social intelligence	Intelligence quotient	Emotional intelligence
30	Which theory of emotion suggests that physiological arousal occurs before the experience of emotion?	Schachter-Singer Theory	James-Lange Theory	Lazarus Theory	Cannon-Bard Theory
31	The basic building blocks of the nervous system are:	Muscles	Bones	Neurons	Hormones
32	Neurotransmitters are:	Hormones	Electrical impulses	Chemical messengers	DNA molecules
33	Which gland is known as the "master gland" of the endocrine system?	Thyroid gland	Pituitary gland	Adrenal gland	Pineal gland
34	The fight-or-flight response is primarily regulated by the:	Sympathetic nervous system	Parasympathetic nervous system	Central nervous system	Somatic nervous system

35	Which of the following is an example of divergent thinking?	Brainstorming multiple uses for a paperclip	Solving a math problem using a formula	Finding one correct answer to a question	Following a recipe to bake a cake
36	The inability to see a problem from a new perspective is known as:	Confirmation bias	Availability heuristic	Algorithm	Functional fixedness
37	Social psychology is primarily concerned with:	Biological bases of behavior	Individual differences	The influence of others on an individual's behavior	Cognitive development
38	Prejudice is best defined as:	Negative emotional responses to individuals	Unjustified negative attitudes towards a group	Accurate judgments about individuals	Unjustified negative behavior towards a group
39	Social influence can be either:	Informational or normative	Public or private	Explicit or implicit	All of the above
40	Carl Jung introduced the concept of:	Classical conditioning	The collective unconscious	Behavior modification techniques	The id, ego, and superego
41	Evolutionary psychology examines how:	Mental processes work	Psychological adaptations have helped humans survive and reproduce	Behavior is learned through operant conditioning	The unconscious mind influences behavior
42	The Gestalt principle that explains our tendency to fill in gaps to create a complete, whole object is:	Closure	Proximity	Continuity	Similarity
43	Developmental psychology is the study of:	Cognitive processes	Social interactions in developing country	Human growth and change across the lifespan	Abnormal behavior
44	Reacting to another's feelings with an emotional response that is similar to the other's feelings is known as:	Sympathy	Compassion	Altruism	Empathy
45	The part of the personality that provides a buffer between the id and the outside world is known as the:	Id	Ego	Superego	Unconscious
46	A state of physiological balance within the body is known as:	Homeostasis	Equilibrium	Regulation	Stability
47	Bandura's term for the individual's beliefs about her or his own effectiveness; the expectation that one can master a situation and produce positive outcomes is known as:	Self-efficacy	Self-esteem	Self-concept	Self-regulation
48	The ability to produce ideas, objects, and problem solutions that are novel and appropriate is known as:	Intelligence	Critical thinking	Convergent thinking	Creativity

49	A combination of characteristics indicative of an individual's potential to acquire some specific skills with training is known as:	Ability	Intelligence	Aptitude	Achievement
50	Disorder involving severe loss of body weight, accompanied by an intense fear of gaining weight or becoming "fat" is known as:	Bulimia nervosa	Anorexia nervosa	Binge eating disorder	Body dysmorphic disorder
51	Which of the following is not a district of Uttarakhand?	Kuamun	Garhwal	Rudraprayag	All of the above
52	At which place does river Bhagirathi merge with Alakananda river?	Devprayag	Srinagar	Rishikesh	Byasi
53	The Uttarakhand state is divided into how many divisions?	Six	Four	Three	Two
54	Which of the following is a famous pilgrimage site for Sikhs in Uttarakhand?	Hemkund Sahib	Ritha Sahib	Nanakmatta Sahib	All of the above
55	What is the name of the city which is famous for Balmithai sweet of Uttarakhand?	Nainital	Rishikesh	Almora	Dehradun
56	Which gas is primarily responsible for the greenhouse effect?	Oxygen	Carbon Dioxide	Nitrogen	All of the above
57	Which of the following is a renewable source of energy?	Petroleum	Natural Gas	Solar Energy	Coal
58	What is the primary cause of ocean acidification?	Increased carbon dioxide emissions	Plastic pollution	Overfishing	Oil spills
59	The largest rainforest in the world is the:	Amazon Rainforest	Southeast Asian Rainforest	Daintree Rainforest	Congo Rainforest
60	_____ is the smallest unit of data in a computer ?	Gigabyte	Terabyte	Bit	Byte
61	Which of the following is NOT an anti-virus software ?	Norton	Linux	Kaspersky	Avast
62	Which unit of the computer is considered as the brain of the computer ?	CPU	Memory unit	Input unit	Output unit
63	Which of the following devices is NOT used to enter data into a computer ?	Keyboard	Monitor	Mouse	Scanner
64	Which of the following is NOT an e-commerce website ?	Uber	Swiggy	Google Maps	Flipkart
65	Identify the preposition in the sentence: "The book is on the table."	Book	Is	On	Table
66	What is a synonym for 'abridge'?	Extend	Shorten	Complicate	Publish
67	In a story, what is the 'climax'?	The beginning	The end	The setting	The turning point with the highest tension
68	Which sentence is in the passive voice?	The mouse was chased by the cat.	The cat chased the mouse.	The mouse is chasing the cat.	The cat is chasing the mouse.
69	Choose the synonym for 'diligent':	Hardworking	Idle	Negligent	Lazy

70	Choose the synonym for 'fragile':	Sturdy	Strong	Solid	Breakable
71	These two examples _____ that Indian companies are capable of acquiring a global mind set.	write	need	illustrate	generate
72	I settled _____ Canada last year.	off	in	on	at
73	I do not know what _____ my father choose that particular school.	happened	made	controlled	asked
74	Normally he is very _____ in his behaviour, but on that occasion he behaved very aggressively.	obedient	rude	intolerant	docile
75	Experiment is conducted to study	Correlation	Cause and Effect	Weight of observation	Importance of Experiment
76	_____ is obtained from the participants before applying any test on them	Informed consent	Feedback	Debriefing	Ethical review
77	Which one of the following is used to stop bleeding?	Vitamin A	Vitamin B	Vitamin K	Vitamin D
78	Deforestation in recent decades have lead to	Soil erosion	Global warming	Loss of bio-diversity	All of the above
79	Which soil is most suitable for growing cotton in India?	Red Soil	Iron Soil	Brown Soil	Black Soil
80	If A is the brother of B, B is the sister of C, and C is the father of D, how is A related to D?	Uncle	Brother	Father	Grandfather
81	Ram said, "This girl is the wife of the grandson of my mother." How is Ram related to the girl?	Grandfather	Husband	Father-in-law	Father
82	Who is the current President of India?	Ram Nath Kovind	Venkaiah Naidu	Droupadi Murmu	Pranab Mukherjee
83	Who is the current Chief Justice of India?	Sharad Arvind Bobde	D. Y. Chandrachud	N. V. Ramana	Ranjan Gogoi
84	What is 15% of 200?	25	30	35	40
85	If a person buys a shirt for \$80 and sells it for \$100, what is the profit percentage?	10%	15%	20%	25%
86	Which Indian king fought against Alexander the Great?	Porus	Ashoka	Chandragupta	Harsha
87	Who wrote the Indian national anthem "Jana Gana Mana"?	Bankim Chandra Chattopadhyay	Subhash Chandra Bose	Mahatma Gandhi	Rabindranath Tagore
88	Who led the Salt March to Dandi in 1930?	Jawaharlal Nehru	Subhash Chandra Bose	Sardar Patel	Mahatma Gandhi
89	Who was the first President of India?	Jawaharlal Nehru	Sardar Patel	Rajendra Prasad	B. R. Ambedkar
90	Who appoints the Chief Justice of India?	Prime Minister	President	Chief Justice	Parliament
91	The Indian Constitution was adopted on which date?	15th August 1947	26th November 1949	1st January 1950	26th January 1950
92	What is the term duration of the Lok Sabha?	7 years	4 years	6 years	5 years

93	What does GST stand for?	General Sales Tax	Goods and Services Tax	Government Service Tax	Global Service Tax
94	What is the chemical symbol for water?	H2O	W	O2	H2
95	Which planet is known as the Red Planet?	Venus	Earth	Mars	Jupiter
96	What is the longest river in the world?	Amazon	Nile	Yangtze	Mississippi
97	If no students failed the exam and John is a student, then which of the following statements must be true?	John failed the exam	John didn't take the exam	Cannot be determined	John passed the exam
98	In Uttarakhand, Chholia is	Food	Place	Dance	Festival
99	Which of the following is NOT a common physical symptom of stress?	Increased energy	Headaches	Muscle tension	Fatigue
100	Which positive psychology concept refers to the tendency to view oneself, others, and the world in a positive light?	Optimism	Pessimism	Realism	Fatalism