

MA Psychology					
Q. No.	Question	Option A	Option B	Option C	Option D
1	The 'magic number 7, plus or minus 2' is associated with the capacity of	Sensory memory	Short-term memory	Long-term memory	Echoic memory
2	Which type of rehearsal is more effective for transferring information into long-term memory?	Maintenance rehearsal	Rote rehearsal	Echoic rehearsal	Elaborative rehearsal
3	Which of the following is NOT one of the Big Five personality traits?	Openness to Experience	Conscientiousness	Introversion	Neuroticism
4	Which defense mechanism involves redirecting unacceptable impulses into socially acceptable activities?	Repression	Sublimation	Regression	Projection
5	Albert Bandura's concept of reciprocal determinism involves interactions between:	Behavior, environment, and personal factors	Id, ego, and superego	Conscious, preconscious, and unconscious	Thoughts, feelings, and actions
6	The Rorschach Inkblot Test is an example of which type of personality assessment?	Behavioral Assessment	Objective Test	Self-report Inventory	Projective Test
7	In classical conditioning, the unconditioned stimulus naturally elicits a(n):	Neutral stimulus	Unconditioned response	Conditioned stimulus	Learned response
8	Skinner's operant conditioning focuses on the relationship between:	Needs and drives	Unconditioned stimulus and unconditioned response	Behavior and its consequences	Stimulus and response
9	Who is best known for his work on classical conditioning?	B.F. Skinner	Edward Thorndike	Ivan Pavlov	Albert Bandura
10	The law of effect, which states that behaviors followed by favorable consequences become more likely, and behaviors followed by unfavorable consequences become less likely, was proposed by:	Edward Thorndike	John Watson	B.F. Skinner	Ivan Pavlov
11	Which term describes the reappearance of an extinguished conditioned response after a rest period?	Extinction	Discrimination	Generalization	Spontaneous Recovery
12	A detailed study of a single individual or group is known as a:	Survey	Experiment	Correlational Study	Case Study
13	The consistency of a research study or measuring test is referred to as:	Accuracy	Reliability	Precision	Validity
14	When every member of a population has an equal chance of being selected, this is called:	Quota Sampling	Convenience Sampling	Random Sampling	Stratified Sampling
15	The variable that is measured to determine the effect of the independent variable is the:	Dependent Variable	Control Variable	Independent Variable	Confounding Variable

16	A hypothesis that states there is no effect or no relationship between variables is called a:	Alternative Hypothesis	Null Hypothesis	Research Hypothesis	Directional Hypothesis
17	The DSM is a manual used for:	Diagnosing mental disorders	Treating mental disorders	Researching mental health	Understanding human behavior
18	Which of the following is a mood disorder?	Schizophrenia	Phobia	Anorexia Nervosa	Bipolar Disorder
19	Hallucinations are:	Unshakable false beliefs	Severe mood swings	Compulsive thoughts and behaviors	Sensory experiences without external stimuli
20	Which personality disorder is characterized by a lack of empathy and manipulative behaviors?	Borderline Personality Disorder	Dependent Personality Disorder	Antisocial Personality Disorder	None of the above
21	The empty-chair technique is commonly used in which type of therapy?	Psychoanalysis	Gestalt Therapy	Cognitive Therapy	Behavioral Therapy
22	Aversion therapy is typically used to treat:	Substance Abuse	Phobias	Anxiety Disorders	Depression
23	Carl Rogers is associated with which type of therapy?	Humanistic Therapy	Psychoanalytic Therapy	Cognitive Therapy	Behavioral Therapy
24	Systematic desensitization is primarily used to treat:	Schizophrenia	Depression	Phobias	Bipolar Disorder
25	Token economies are used in which type of therapy?	Cognitive Therapy	Behavioral Therapy	Psychodynamic Therapy	Humanistic Therapy
26	According to Maslow's hierarchy of needs, which need must be met first?	Physiological needs	Esteem needs	Safety needs	Self-actualization
27	Which theory suggests that behavior is motivated by the desire to reduce internal tension caused by unmet biological needs?	Arousal Theory	Drive Reduction Theory	Cognitive Theory	Incentive Theory
28	Intrinsic motivation refers to:	Motivation driven by external rewards	Motivation driven by social pressures	Motivation driven by the enjoyment of the task itself	Motivation driven by biological needs
29	Which theory proposes that emotions arise from the physiological changes in the body?	James-Lange theory	Schachter-Singer theory	Two-factor theory	Cannon-Bard theory
30	The polygraph test measures:	Truthfulness directly	Cognitive dissonance	Behavioral changes	Emotional responses that accompany lying
31	According to Lazarus' Cognitive-Mediational Theory, emotions are determined by:	Social interactions	Environmental stimuli	Cognitive appraisal	Physiological arousal
32	Which part of the brain is primarily associated with processing emotions?	Amygdala	Thalamus	Cerebellum	Hippocampus

33	Which part of the neuron receives incoming signals from other neurons?	Soma	Dendrites	Myelin sheath	Axon
34	The part of the brain responsible for regulating basic biological functions like heartbeat and breathing is the:	Medulla	Cerebellum	Hypothalamus	Thalamus
35	The autonomic nervous system regulates:	Sensory information processing	Voluntary muscle movements	Cognitive functions	Involuntary functions such as heartbeat and digestion
36	Which neurotransmitter is primarily associated with mood regulation and is linked to depression?	Dopamine	GABA	Serotonin	Acetylcholine
37	The sudden realization of a problem's solution is referred to as:	Algorithm	Intuition	Insight	Heuristic
38	A problem-solving method that guarantees a solution if followed correctly is called a(n):	Heuristic	Algorithm	Insight	Trial and error
39	Metacognition refers to:	Creative problem solving	Thinking about thinking	The use of algorithms in decision making	The mental organization of information
40	Conformity involves:	Changing one's behavior to align with a group	Influencing others to change their behavior	Developing new attitudes	Making independent decisions
41	The phenomenon where individuals are less likely to help a victim when other people are present is called:	Empathy	Altruism	Social inhibition	Bystander effect
42	Cognitive dissonance theory was proposed by:	Solomon Asch	Philip Zimbardo	Leon Festinger	Stanley Milgram
43	The tendency for people to perform better in the presence of others is called:	Social loafing	Social facilitation	Social learning	Groupthink
44	Social loafing refers to:	Putting forth more effort to impress others	Focusing on individual goals rather than group goals	Putting forth less effort when working in a group	Following the lead of others
45	The phenomenon where we perceive objects as unchanging despite changes in sensory input is called:	Perceptual constancy	Sensory adaptation	Depth perception	Motion parallax
46	Depth perception is primarily associated with:	Auditory cues	Binocular cues	Monocular cues	All of the above
47	The principle that our perception can be influenced by our expectations, experiences, and culture is known as:	Bottom-up processing	Sensory adaptation	Perceptual constancy	Top-down processing

48	The ability to understand that objects continue to exist even when they cannot be observed is called:	Conservation	Centration	Object permanence	Egocentrism
49	The first stage of Erikson's psychosocial development is:	Initiative vs. Guilt	Trust vs. Mistrust	Industry vs. Inferiority	Autonomy vs. Shame and Doubt
50	During which stage of prenatal development do the major organs begin to form?	Germinal stage	Fetal stage	Embryonic stage	Neonatal stage
51	Which district of Uttarakhand is known as the "Lake District of India" due to its numerous lakes?	Nainital	Almora	Pithoragarh	Champawat
52	What is the popular sweet dish of Uttarakhand made from local rice?	Kafuli	Mandua	Dubke	Jhanghora
53	The Valley of Flowers in Uttarakhand is situated in which district?	Uttarkashi	Chamoli	Nainital	Rudraprayag
54	The summer capital of Uttarakhand is:	Bhararisain	Dehradun	Srinagar Garhwal	Pauri
55	What is the official language of Uttarakhand?	Hindi	Sanskrit	Garhwali	Kumaoni
56	Which national park is located in Uttarakhand?	Bandhavgarh National Park	Ranthambore National Park	Kaziranga National Park	Jim Corbett National Park
57	Which is the highest peak in Uttarakhand?	Trishul	Neelkanth	Nanda Devi	Kedarnath
58	The famous Hindu pilgrimage site, Badrinath Temple, is dedicated to which deity?	Lord Shiva	Lord Brahma	Lord Vishnu	Goddess Parvati
59	The Tehri Dam, one of the highest dams in the world, is built on which river?	Alaknanda	Bhagirathi	Yamuna	Ganga
60	Which of the following is not a major river in Uttarakhand?	Yamuna	Alaknanda	Ganga	Kosi
61	Which sentence is correctly punctuated?	"I can't wait to see the movie" she said.	"I cant wait to see the movie," she said.	"I can't wait to see the movie," she said.	"I can't wait to see the movie." she said.
62	The pupil was asked to write _____ his name on the front page of the exercise book	about	back	down	in
63	_____ wins this civil war there will be little rejoicing at the victory	Whatever	Whoever	Wherever	Whichever
64	If I _____ a doctor I would serve the poor.	were	was	am	had been
65	The engineers _____ this bridge since last year.	have repaired	have been repairing	had repaired	are repairing
66	I _____ to the movie with some friends last night.	am gone	am going	went	have gone
67	The housewife _____ the cakes burning and ran to switch off the oven.	smells	smelling	smell	smelt

68	You must ensure the correctness of the information before _____ to conclusion.	enabling	leaning	drawing	jumping
69	In the context of digital computer, which of the following pairs of digits is referred to as binary code ?	0 and 1	1 and 2	2 and 3	3 and 4
70	In the context of computing, what is the full form of URL ?	Undistributed Resource Locator	Unified Resource Locator	Uniform Region Locator	Uniform Resource Locator
71	The speed of the Central Processing Unit (CPU) is measured in_____, which represents a CPU cycle ?	Terabyte (TB)	Hertz (Hz)	Kilobyte (KB)	Gigabyte (GB)
72	In computer terminology, what is the full form of RAM ?	Repeated Access Memory	Random Access Memory	Rapid Access Memory	Regular Access Memory
73	In computing, _____ is a network security system that monitors and controls incoming and outgoing network traffic based on predetermined security rules. ?	spyware	spam	cookie	firewall
74	To demonstrate causation, a researcher must	manipulate the way a participant responds to some aspect of a situation	operationalize dependent and independent variables	develop a hypothesis that predicts the relationship between variables	show that the manipulation of one variable invariably leads to predicted changes in another
75	Test reliability refers to whether a test is	Using items ranging in difficulty from very easy to very difficult	Equally fair to all groups of people	Producing scores that are normally distributed	
76	Variables are :	Something that we can measure	Something that can vary in terms of precision	The main focus of experimental studies	All of the above
77	If the same relative score levels are preserved on the two measurements, the test is	Valid	Reliable	Connect	None of the above
78	Range of human hearing is	2000 Hz-60000 Hz	20 Hz- 20000 Hz	5 Hz- 250 Hz	60 Hz - 2000 Hz
79	The state of Uttarakhand was formed on	9 November 2000	6 August 2000	10 October 2000	11 April 2000
80	Who is the author of Rajatarangini?	Vishnugupta	Aryabhatta	Banabhatta	Kalhana
81	The committee ----- the question for nearly an hour, and still hasn't come to a decision.	has discussed	has been discussing	had discussed	will discuss

82	Pointing to a man in a photograph, a woman said, "His mother is the only daughter of my mother." How is the woman related to the man in the photograph?	Aunt	Mother	Grandmother	Sister
83	Pointing to a photograph, a man says, "I have no brother or sister, but that man's father is my father's son." Whose photograph was it?	His father	Himself	His son	His grandfather
84	What is the name of the mission under which India plans to send humans to space?	Gaganyaan	Mangalyaan	Chandrayaan	AstroSat
85	What is the value of $5 + 7 \times 2$?	19	24	17	16
86	What is 45% of 80?	32	38	36	34
87	Who was the founder of the Maurya Dynasty?	Chandragupta Maurya	Bindusara	Harshavardhana	Ashoka
88	The Battle of Plassey was fought in which year?	1793	1782	1764	1757
89	The Indus Valley Civilization is known for its advanced urban planning. Which city is considered the best example of this?	Lothal	Mohenjo-Daro	Kalibangan	Harappa
90	The Preamble of the Indian Constitution starts with which words?	We, the people of India	India, that is Bharat	The Union and its Territory	None of these
91	The President of India is elected by which method?	Direct Election	Nominated	Indirect Election	Hereditary
92	What does GDP stand for in economics?	Gross Development Percentage	Global Demand Proposition	Gross Domestic Product	Growth Development Pattern
93	What is the freezing point of water in Celsius?	100°C	0°C	-273°C	-180°C
94	What is the process by which plants make their food?	Respiration	Digestion	Fermentation	Photosynthesis
95	Which desert is the largest hot desert in the world?	Arabian Desert	Sahara Desert	Kalahari Desert	Gobi Desert
96	Which continent is known as the "Land of the Rising Sun"?	Asia	Africa	Europe	Australia
97	Which country is known as the "Land of Thousand Lakes"?	Canada	Russia	Finland	Norway
98	What is the term for a technique in counseling where the counselor reflects the client's feelings and thoughts back to them?	Interpretation	Confrontation	Reflection	Paraphrasing
99	Which of the following is NOT a common psychological symptom of stress?	Increased concentration	Anxiety	Depression	Irritability
100	Which positive psychology intervention involves focusing on the present moment without judgment?	Random acts of kindness	Gratitude journaling	Positive affirmations	Mindfulness meditation